If this sheet is not thoroughly read through, it will be noticeable as aftercare is so crucial. If aftercare is not properly followed, it can be up to the full cost again at the touch up. Please email TheLammergeierStudio@gmail.com if you have any questions at all!

- Day 1 (Day of the procedure) Do not touch the eyes. Before bed, you can ice the
  eyes by applying it over a *clean* cloth. Do not apply ice directly to the skin. Do not
  wash the eyes, try to keep them dry. If the eyes are swollen, you may take an antiinflammatory.
- Starting when you get home, use a damp q-tip or lint free cotton round to very gently blot the tattooed area approximately every 30 minutes. This soaks up lymph fluid and will reduce build up. Do this as much as possible for the first 24-48 hours. **Do not** continue to reuse the same q-tip/round.
- Day 2 The eyes may be swollen the next day after the procedure, this is a normal reaction. Some clients swell more than others. The swelling should start going down during the first day and the eyes should be looking better by the end of the second day. (Contacts can be applied 24hrs after the eyeliner procedure).
- During Day 1 to Day 7 or even longer (until the scabs are gone) AVOID direct water from the shower on the eye area, makeup, skin care products/cleansers, excessive sweating, no sauna (4 weeks), no pools (4 weeks), no sun exposure (4 weeks), do not pull or rub the scabs at all (you may cause scarring and loss of pigment). Do not apply any products to the area, such as vaseline, antibiotic cream, Neosporin, etc. Avoid eye area when cleansing your face. Rinse cleanser off with cool water and, if damp, blot the eye area with a fresh paper towel.
- During 4 weeks after the procedure do not use creams that contain acids or ingredients that will lighten or exfoliate the skin.
- Remember to continue to follow "pre appointment information" between your initial appointment and your 6-8 week touch up appointment.
- Once visibly healed (the very last of the flakes/scabs have come off naturally), wait approximately 3-4 days, then you can begin wearing a facial sunscreen on the area (if it's non irritating). Sunglasses are an ideal way to protect Eyeliner from UV rays! UV rays can fade pigment and give it a more ashy appearance. Sun protection is the absolute best "after, aftercare" that you can do for any tattoo. Lammergeier Studio recommends Cocokind SPF 32. This can be found at Target, Wholefoods, Ulta & Amazon.